



Ministry of Education
Youth and Information

Daily Learning Schedule of EiE- COVID 19

Early Grades (Grades K-3)

TIME	ACTIVITIES
Before 7:30 a.m.	RISE AND SHINE, BREAKFAST
7:30 - 7:45	Getting Ready For The Day (Enrichment- Devotions /Exploring Values & Attitudes)
7:45 - 8:30	TV Time- Viewing Educational Programme
8:30 - 9:00	Academic Time: Assigned School Activities (Mathematics/Language Arts.)
9:00 - 9:30	Creative Play- Drawing, Painting, Dancing, Drama
9:30 - 10:00	Academic Time- Assigned School Activity (Integrated Studies)
10:00 - 10:15	SNACK TIME
10:15 - 10:30	Quiet Time Reading
10:30 - 11:00	Manipulative Play- Building Blocks, Legos, puzzles, Stacking items etc.
11:00 - 11:30	Academic Fun Time - Tablets, Computer Games- Electronic Educational Games/Worksheets- Crossword, Find A Word, Puzzles
11:30 - 12:00p.m.	Academic Time: Assigned School Activities (Mathematics/Language Arts.)
12:00 - 1:00 pm	LUNCH
1:00 - 1:30	Physical Play Time- Riding Bicycle, Skipping, Running, Walking
1:30 - 2:00	Story Time
2:00 - 2:15	Exercise – Jumping Jacks, Hand and Leg Stretches, etc.
2:15 - 2:30	Creative Expression (Puppet Show, Sing-Along, Dramatic Play)
2:30 - 3:00	REST TIME
3:00 - 3:30	Academic Time (STEM/STEAM Integration - Project work)
3:30 - 4:00	Journal Reflections (through, talk, writing, art work, technology etc.)
4:00 - 4:30	Free TV Time (Children’s Shows)
4:30 - 5:00	Outdoor Activity
5:00 - 6:00	DINNER
6:00 - 8:00	Free Time
8:00	BED TIME AND PRAYERS



Ministry of Education
Youth and Information

Daily Learning Schedule of EiE- COVID 19

Grades 4-6

TIME	ACTIVITIES
Before 7:30 a.m.	RISE AND SHINE, BREAKFAST
7:30 – 8:00	Getting Ready For The Day (Enrichment- Devotions /Exploring Values & Attitudes)
8:00 - 9:00	Academic Time: Assigned School Activities (Mathematics/Language Arts.)
9:00 - 10:00	TV Time- Viewing Educational Programme
10:00 - 10:15	BREAK
10:15 - 11:15	Academic Time: Assigned School Activities (Social Studies/Science)
11:15 - 11:30	Exercise – Jumping Jacks, Hand and Leg Stretches, etc.
11:30 - 12:00 p.m.	Academic Fun Time- Tablets, computer games- electronic educational games/Worksheets- Crossword, Find A Word, Puzzles
12:00 - 12:30 pm	LUNCH
12:30 – 1:00	Outdoor Activity
1:00 - 1:30	Quiet Time Reading
1:30 - 2:30	Academic Time: Assigned School Activities (Mathematics/Language Arts.)
2:30 - 3:00	Academic Time: Assigned School Activities (Social Studies/Science)
3:00- 3:30	Physical Play Time- Riding Bicycle, Skipping, Running, Walking
3:30 - 4:00	Project Work (STEM/STEAM Integration)
4:00 - 5:00	Chores (connected to learning)
5:00 - 6:00	DINNER
6:00 – 6:30	Journal Reflections (through, Talk, Writing, Art Work, Technology etc.)
6:30 – 8:00	Free Time
8:00 –8:30	BED TIME AND PRAYERS



Ministry of Education
Youth and Information

Daily Learning Schedule of EiE- COVID 19

Grades 7- 9

TIME	ACTIVITIES
Before 7:30 a.m.	Rise And Shine, Breakfast
7:30 – 8:00	Getting Ready For The Day (Enrichment- Devotions /Exploring Values & Attitudes)
8:00 - 9:00	Academic Time: Assigned School Activities
9:00 - 10:00	Academic Time: Assigned School Activities
10:00 - 10:15	BREAK
10:15 - 11:15	Academic Time: Assigned School Activities
11:15 - 11:30	Exercise – Jumping Jacks, Hand And Leg Stretches, etc.
11:30 - 12:00 p.m.	Academic Fun Time- Tablets, computer games- electronic educational games/Worksheets- Crossword, Find A Word, Puzzles
12:00 - 12:30 pm	LUNCH
12:30 – 1:00	Outdoor Activity - Riding Bicycle, Skipping, Running, Walking
1:00 - 1:30	Quiet Time Reading
1:30 - 2:30	Academic Time: Assigned School Activities
2:30 - 3:00	Academic Time: Assigned School Activities
3:00- 4:30	TV Time- Viewing Educational Programme
4:30 - 5:00	Chores (connected to learning)
5:00 - 6:00	Project Work (STEM/STEAM Integration)/ TV Time- Viewing Educational Programme
6:00 - 6:30	DINNER
6:30 – 7:00	Journal Reflections (Reflections Through, Talk, Writing, Art Work)
7:30 – 8:30	Free Time
8:30 – 9:00	BED TIME AND PRAYERS



Ministry of Education
Youth and Information

Daily Learning Schedule of EiE- COVID 19
Grades 7- 9 - Students with Special Education Needs

Students with special education needs should follow the schedule which best suits their age or ability level. Students with moderate to severe intellectual or other developmental disabilities may use this alternative schedule. Parents/caregivers should be guided by their child's Individual Intervention Plan (IIP).

TIME	ACTIVITIES
Before 7:30 a.m.	RISE AND SHINE, BREAKFAST
7:30 - 7:45	Getting Ready For The Day (Enrichment- Devotions /Exploring Values & Attitudes/ Sensory Activities/ Calendar work/ Show and Tell)
7:45 - 8:30	Academic Area: Language and Communication
8:30 - 9:00	Academic Time: Assigned School Activities/ Mathematics
9:00 - 9:30	Fine Motor Activity - Finger Painting, lacing, tracing, colouring, sorting, play dough
9:30 - 10:00	Academic Time- Assigned School Activity (Life Skills/Personal & Social Skills)
10:00 - 10:15	SNACK TIME
10:15 - 10:30	Quiet Time Reading/learning games
10:30 - 11:00	Manipulative Play- Building Blocks, Legos, puzzles, Stacking items etc.
11:00 - 11:30	Academic Fun Time - Tablets, Computer Games- Electronic Educational Games/Worksheets- Crossword, Find A Word, Puzzles
11:30 - 12:00p.m.	Academic Time: Assigned School Activities (Science /HFLE)
12:00 - 1:00 pm	LUNCH
1:00 - 1:30	Physical Play Time- Riding Bicycle, Skipping, Running, Walking/ Adapted games
1:30 - 2:00	Sensory Activities- mat activities, exercise ball activities, listening to music, manipulating textures
2:00 - 2:15	Exercise –Stretches, throwing and catching, etc.
2:15 - 2:30	Creative Expression (Puppet Show, Sing-Along, Dramatic Play) OR Story Time Older students may work on vocational skills during this time
2:30 - 3:00	REST TIME
3:00 - 5:00	Free Time (Indoor or Outdoor Activity)
5:00 - 6:00	DINNER
6:00 - 8:00	Free Time
8:00	BED TIME AND PRAYERS



Ministry of Education
Youth and Information

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The schedule below is based on RJR Communications Group offer of CSEC and CAPE - 9am – noon (repeated 1am – 4am)

Grades 10 - 11

TIME	ACTIVITIES
Before 8:00 a.m.	RISE AND SHINE, BREAKFAST,
8:00 – 9:00	Getting Ready For The Day (Devotions /Exploring Values & Attitudes/ Exercise) Preparation and submission of personal learning plan for the day
9:00 - 10:00	TV Time- Viewing Educational Programme/SBA/Personal Study Time
10:00 - 11:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
11:00 - 11:15	BREAK
11:15 - 12:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
12:00 – 1:00 pm	LUNCH & OUTDOOR ACTIVITY - Jogging, Running, Walking, Throwing Hoops, Aerobics
1:00 - 2:00	Academic Time: Assigned School Activities /SBA/Personal Study Time
2:00 - 3:00	Academic Time: Assigned School Activities/SBA/Personal Study Time
3:00- 4:30	Assessment Focus: Preparation and/or engagement in Assessment Tasks (SBA review, Project review, Portfolio review, Online Testing/Assessment activities, responding to feedback etc.)
4:30 - 5:00	Chores (connecting learning to household activities)
5:00 - 6:00	Academic Brain Teasers- Tablets, computer games- electronic educational games, Crossword, Find A Word, Puzzles
6:00 - 7:00	DINNER and Reflective talk
7:00 – 8:00	Connecting with peers/support (share updates on day's achievement/reaching out?)
8:00 +	Free time/retire/+

Grades 12 - 13

TIME	ACTIVITIES
Before 8:00 a.m.	Rise And Shine, Breakfast,
8:00 – 9:00	Getting Ready For The Day (Devotions /Exploring Values & Attitudes/ Exercise) Preparation and submission of personal learning plan for the day
9:00 - 10:00	TV Time- Viewing Educational Programme/SBA/Personal Study Time
10:00 - 11:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
11:00 - 11:15	BREAK
11:15 - 12:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
12:00 – 1:00 pm	LUNCH and Outdoor Activity - Jogging, Running, Walking, Throwing Hoops, Aerobics
1:00 - 2:00	Academic Time: Assigned School Activities /SBA/Personal Study Time
2:00 - 3:00	Academic Time: Assigned School Activities/SBA/Personal Study Time
3:00- 4:30	Preparation and or engagement in Assessment Tasks – SBA review, Project review, Portfolio review, Online Assessment etc.
4:30 - 5:00	Chores (connecting learning to household activities)
5:00 - 6:00	Academic Brain Teasers- Tablets, computer games- electronic educational games, Crossword, Find A Word, Puzzles
6:00 - 7:00	DINNER and Reflective talk
7:00 – 8:00	Connecting with peers
8:00	Free time/retire +
TIME	ACTIVITIES
Before 8:00 a.m.	Rise And Shine, Breakfast,
8:00 – 9:00	Getting Ready For The Day (Devotions /Exploring Values & Attitudes/ Exercise) Preparation and submission of personal learning plan for the day
9:00 - 10:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
10:00 - 11:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
11:00 - 11:15	BREAK
11:15 - 12:00	TV Time- Viewing Educational Programme/SBA/ Personal Study Time
12:00 - 12:30	LUNCH
12:30 – 1:00	Outdoor Activity - Jogging, Running, Walking, Throwing Hoops, Aerobics
1:00 - 2:00	Academic Time: Assigned School Activities/SBA/Personal Study Time
2:00 - 3:00	Academic Time: Assigned School Activities/SBA/Personal Study Time
3:00- 4:30	Project Work (STEM/STEAM Integration)/
4:30 - 5:00	Chores (connected to learning)
5:00 - 6:00	Academic Fun Time- Tablets, computer games- electronic educational games/Worksheets- Crossword, Find A Word, Puzzles
6:00 - 6:30	DINNER
6:30 – 7:00	Journal Reflections (through, Talk, Writing, Art Work, Technology)
7:30 – 8:30	Free Time
8:30 –9:00	BED TIME AND PRAYERS

